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I ended up sitting my finals the day before lockdown. We then went into lockdown and I applied for a post to be an interim FY1. This took some time to arrange as it was supposedly oversubscribed! I ended up getting a post in North Middlesex Hospital.

This meant that I was working as an FY1 across the general medical and surgical wards. I was supported very much by the other junior doctors. The patients were mainly Covid positive with other issues as well.

Although I did not manage to do my planned elective in Obstetrics and Gynaecology in Israel, this placement definitely prepared me for starting my training as an independent FY1 in the NHS during Covid where the services were overwhelmed. It had a positive impact on patients as an extra pair of hands. I became far more comfortable with seeing patients independently and also improved my clinical skills, prior to starting formal FY1 in August.